



FREE SCHOOLS BREAKFAST AND LUNCH FOR ALL

All Buncombe County Schools will participate in Community Eligibility (CEP) or Universal Meals this year. These programs provide breakfast and lunch at no cost. Parents will not have to complete a Free and Reduced Form if their students attend a CEP School. Parents at our Universal Meal School, Nesbitt Discovery Academy will be asked to complete a meal benefit form online at <https://www.buncombeschools.org/o/bcs/page/free-and-reduced-meal-application> (All information is confidential).

The cost of a student meal served is covered by the United States Department of Agriculture. Adult meals will be available for purchase. Funds generated are used to support the operations of the Buncombe County Schools School Nutrition Program.

Reimbursable Meals and A La Carte

Students must select enough items to make a complete meal. For example, if a child wants only

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milk, it must be purchased a la carte. A la Carte Prices are posted at [A La Carte List](#)

A meal consists of.

Breakfast

For breakfast, a student must select 3 out of 4 items. One item must be a fruit/juice or vegetable.

- 2 oz of grain/bread/meat
- 4 oz juice
- ½ cup fruit or vegetable
- 8 oz fluid milk

Lunch

For lunch, a student must select at least 3 out of 5 items offered. One item must be a fruit or vegetable.

- 1 serving of meat/meat alternate.
- 1 serving of grain/bread.
- 1 serving of vegetables,
- 1 serving of fruit.
- 1 serving of 8 oz fluid milk.

If you prefer to pack your child's meal, we can complete that meal by helping your child choose healthy additions needed to qualify for a reimbursable meal. For example, you pack the sandwich, and we provide fresh fruit, fresh vegetables, and milk.

Smart Snack Compliant A la Carte items will be available for your students only. You may send cash or place money in your student account at [K-12 Payment Center](#)

Is your child celebrating a birthday or an event? We are proud to announce our School Nutrition Team is here to offer Smart Snack Compliant foods for you to



purchase for your student's classroom. Contact Brian.Hinch@bcsemail.org for details.

We look forward to serving you. Menus can be found at [School Menus](#)

Any questions? See our FAQ's at [FAQ's](#)

Diet Orders will be honored and only need updating if there are changes. [Diet Order Forms](#)

*Contact List - [Administrative Staff](#)
[Cafeteria Managers](#)*