



In Partnership With



# PRESENTATION

## Anxiety and Depression: Look-Fors and Strategies

*Thursday, May 18th, 2023*

### When?

**Date:** Thursday, May 18th, 2023

**Time:** 6:30-8:30pm

**Location:** Auditorium (in person)  
- Middle School South, 344 Main  
Street, Groton MA

### What?

Dr. Mina Burbridge from Walker  
Therapeutic and Educational  
Programs joins us to discuss  
anxiety and depression look fors  
and strategies.

### Who should attend?

Parents, guardians, and  
GDRSD staff members are  
encouraged to attend.

### Questions?

Please reach out to  
[adougherty@gdrsd.org](mailto:adougherty@gdrsd.org) or call 978-  
448-5505 ext. 3820 for any questions.

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